

Total No. of Printed Pages—4

5 SEM TDC DSE SNS (CBCS) 1 A (H/NH)

2 0 2 3

(November)

SANSKRIT

(Discipline Specific Elective)

(For Honours and Non-Honours)

Paper : DSE-1(A)

(Fundamental of Āyurveda)

Full Marks : 80

Pass Marks : 32

Time : 3 hours

*The figures in the margin indicate full marks
for the questions*

SECTION—A

(Introduction of Āyurveda)

(Marks : 30)

1. Give short answers of the following :

1×5=5

(a) What is the meaning of 'आयुर्वेद'?

(b) Who went to Indra to bring आयुर्वेद to the earth?

24P/145

(Turn Over)

(2)

- (c) Who was अग्निवेश?
- (d) Which of the four Vedas deals with diseases and medicines?
- (e) Write the name of any one commentary on 'चरकसंहिता'.
2. Describe the descent and propagation of आयुर्वेद on earth. 10

Or

Write a note on the पुनर्वसु schools of आयुर्वेद.

3. Write short notes on (any three) : 5×3=15
शार्ङ्गधर ; वाग्भट्ट ; माधव ; भावमिश्र।

SECTION—B

(Carakasamhitā—Sūtrasthāna)

(Marks : 30)

4. Give short answers of the following : 1×5=5
- (a) What is the name of the 6th Chapter of Sūtrasthāna of 'चरकसंहिता'?
- (b) How many Chapters are there in the सूत्रस्थान of 'चरकसंहिता'?

24P/145

(Continued)

(3)

- (c) 'चरकसंहिता' is based on 'अग्निवेशसंहिता'.

(Write True or False)

- (d) In which season, the digestive power of human being possessing good health is enhanced?

- (e) What is the other name of आदानकाल?

5. (a) What type of food should be taken in Spring (वसन्त) season? 4

- (b) Write the meaning of the terms 'ऋतुसात्म्यम्' and 'ओकसात्म्यम्'. 4

6. What are the regimen and practices for the Winter season as expounded in the सूत्रस्थान of 'चरकसंहिता'? 8

7. Write short notes on (any three) : 3×3=9

उत्तरायण ; दक्षिणायन ; हंसोदक ; पञ्चकर्म ; षड्क्रतु।

SECTION—C

(Bhaiṣajyaratnāvalī)

(Marks : 20)

8. Give short answers of the following : 1×3=3

- (a) Who is the author of 'भैषज्यरत्नावली'?

24P/145

(Turn Over)

- (b) What type of book is the 'भैषज्यरत्नावली'?
- (c) What is the meaning of the word 'भेषज'?
9. (a) What are the different types of diseases described in 'भैषज्यरत्नावली'? 3
- (b) What are the qualities of भेषज? 4
- (c) What are the duties of वैद्य? 3
- (d) How many types of treatment are there? Name them. 1+1=2
10. Describe the good outcomes of Āyurvedic treatment. 5
