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**2 SEM TDC SNSH (CBCS) C 4**

**2 0 2 2**

( June/July )

**SANSKRIT**

( Core )

Paper : C-4

( Self-Management in the Gītā )

Full Marks : 80

Pass Marks : 32

Time : 3 hours

*The figures in the margin indicate full marks  
for the questions*

**SECTION—A**

( Gītā : Cognitive and Emotive Apparatus )

( Marks : 22 )

1. Give very short answers to the following questions : 1×2=2

(a) What is the meaning of the word 'Parataḥ (परतः)'

(b) What is the name of the 3rd Chapter of the 'श्रीमद्भगवद्गीता'?

2. Translate into English or Assamese any one of the following : 5

(a) इन्द्रियाणि पराण्याहुरिन्द्रियेभ्यः परं मनः।  
मनसस्तु परा बुद्धिर्यो बुद्धेः परतस्तु सः॥

(b) श्रोत्रं चक्षुः स्पर्शनं च रसनं घ्राणमेव च।  
अधिष्ठाय मनश्चायं विषयानुपसेवते॥

3. Prepare a note on three Guṇas as explained in the *Gītā*. 10

Or

Discuss about the nature of मनस् as enumerated in the *Gītā*.

4. Write a note on the nature of आत्मन्. 5

### SECTION—B

( *Gītā* : Controlling the Mind )

( Marks : 36 )

5. Quote from your memory the first verse of the *Śrīmadbhagavadgītā*. 4

6. Answer the following questions :

(a) Who is बाष्पेय? Why is he called so? 2

(b) पार्थ is an epithet of कृष्ण / अर्जुन.

( Choose the correct answer ) 1

7. Fill in the blanks : 2

न हि \_\_\_\_\_ सदृशं \_\_\_\_\_ इह विद्यते।

8. What are the utilities of diet control? 4

9. Write the means of mind control according to the *Śrīmadbhagavadgītā*. 8

Or

Prepare a note on austerity (तप) as you find in the *Śrīmadbhagavadgītā*.

10. Describe the nature of mental conflict enumerated in the *Gītā*. Discuss रजोगुण as a root cause of mental conflict. 10

Or

Write a note about the importance of knowledge as mentioned in the *Gītā*.

11. Explain any one of the following : 5

(a) काम एष क्रोध एष रजोगुणसमुद्भवः।

महाशनो महापाप्मा विद्ध्येनमिह वैरिणम् ॥

(b) क्लैब्यं मास्म गमः पार्थ नैतत्त्वय्युपपद्यते।

क्षुद्रं हृदयदौर्बल्यं त्यक्तवोत्तिष्ठ परन्तप ॥

SECTION—C

( Gītā : Self-Management Through Devotion )

( Marks : 22 )

12. Answer in brief the following questions : 1×2=2

(a) What do you mean by the word 'अनिकेत'?

(b) Derive the word 'जुहोषि'.

13. Discuss the relevance of devotion in controlling the mind from conflict on the basis of the *Śrīmadbhagavadgītā*. 8

Or

What do you mean by self-management? Discuss the concept of 'self-management' in the light of the *Gītā*.

14. Elucidate the idea contained in any two of the following : 4×2=8

(a) शुभाशुभपरित्यागी भक्तिमान् यः स मे प्रियः॥

(b) पत्रं पुष्पं फलं तोयं यो मे भक्ता प्रयच्छति।

(c) यत्करोषि यदश्नासि यज्जुहोषि ददासि यत्।

(d) कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।



15. Write a short note on any *one* of the following : 4

- (a) भक्ति, according to the *Gītā*
- (b) Importance of moral qualities
- (c) Qualities of भक्त

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